

Days of Thanks and Laughs

Take time during the month of November to laugh and give thanks for all that you have. Here are some ideas to help you out each day of the month.

- 1. Thank God for the small things in life you often take for granted.
- 2. Watch an episode of Bedtime Bible Stories with The Skit Guys for lots of laughter! (Find all the episodes at https://skitguys.com/sgtv/show/bedtime-bible-stories-with-the-skit-guys)
- 3. Write a note to say thank you to a person who has done something meaningful in your life.
- 4. Listen to a classic episode of The Skit Guys Podcast featuring the song "Happy Nature Fun Time" https://skitguys.com/podcast/skit-guys-podcast-32-thanksgiving-mix-tape.
- 5. Look outside and thank God for the world around you.
- 6. Watch the video Little Billy: My God is So Big (https://skitguys.com/sgtv/video/little-billy-my-god-is-so-big)
- 7. Share this joke with someone: Who doesn't eat on Thanksgiving? A turkey, because it's always stuffed!
- 8. Write down things your thankful for starting with the letters in THANKS.
- 9. Memorize Psalm 106:1 Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever.
- 10. Call a friend or family member to tell them you're thinking of them and thankful they're in your life.
- 11. Watch the Thanksgiving special from season 2 of the TV show Laugh with The Skit Guys: https://skitguys.com/sgtv/video/laugh-with-the-skit-guys-episode-211
- 12. Do something kind for someone else today without them knowing you did it.
- 13. Make a list of 5 things you're thankful for today.
- 14. Tell someone this joke: I was going to serve sweet potatoes with Thanksgiving dinner, but I sat on them. Now I'm serving squash.
- 15. Try to see what it would feel like to literally ROFL (roll on the floor laughing).

- 16. Watch the video Messy Blessings: https://skitguys.com/videos/messy-blessings
- 17. Walk around your house and thank God for the things He has provided in your life.
- 18. Find a photo of your family or close friends and spend time thanking God for having them in your life.
- 19. Watch the video I'm Full: https://skitguys.com/videos/im-full
- 20. Open your refrigerator or pantry and thank God for providing food for you.
- 21. Share this joke with someone: Where do you find a turkey with no legs? Exactly where you left it!
- 22. Spend time reading James 1:17 today and thank God for providing you with gifts, including spiritual food.
- 23. Watch the video, Thanksgiving: God's Goodness https://skitguys.com/videos/thanksgiving-gods-goodness
- 24. Take a few minutes to breathe deeply and stretch your body. Thank God for uniquely creating you.
- 25. Memorize 1 Thessalonians 5:16-18 Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.
- 26. Watch Hurting Helpline and then thank God for being there when you need Him. https://skitguys.com/sgtv/video/live-top-5-hurting-helpline
- 27. Tell this joke to someone: Why didn't the Thanksgiving turkey play in the marching band? Someone had taken his drumsticks.
- 28. Spend over an hour laughing with The Skit Guys by watching Electric Boogaloo: https://skitguys.com/sgtv/show/electric-boogaloo
- 29. Share this joke: What smells best at Thanksgiving dinner? Your nose!
- 30. Watch the video, Thank You, God, then write your own thank-you note to your Heavenly Father. https://skitguys.com/videos/thank-yougod1

